



## Welcome Ranger,

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Every lesson is set up in a format for your ease. The objective and materials are listed on the left side of every page. Lesson titles are listed in the blue header along with the grade and sequence for the overall program. We understand that you might be teaching units separately and that is ok as well.

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In Adventure,  
**The Mind Trek Guides**



# Failure

## 7-9

### Objective

Identify positive outcomes of mistakes or failure.

### Materials

Whiteboard/Large Paper  
Famous Failures Video  
Journal/Paper  
Writing Utensil

### Brainstorm

Who is someone wise?

### Ranger Talk

“I am guessing that most of you don’t like to fail. Failure can be uncomfortable especially if we have a fixed mindset and think that it means we are stupid or not good enough.

I want to challenge you to think of failure in a different light. Think of failure as an opportunity to gain wisdom. Remember a time that you failed. I bet you can remember a few times. I am guessing that you also learned something you will probably never do again. That is wisdom. Wisdom is most often learned by our own mistakes and the mistakes of others.

The key to failing successfully is to learn from our mistakes and try again. Check out this video on some famous failures. Imagine what we would be missing if they gave up the first time they failed. I’ll give you a hint; we would probably be sitting in the dark right now.”

### Activity

Watch “Famous Failures” video.

<http://bit.ly/2Zvmla9>

### Brainstorm

What are some common ways we fail or things we fail trying?  
What wisdom can we learn from these?

### Journal

What is the biggest piece of wisdom you have learned from one of your failures?





# Failure

## 10-9

### Objective:

Identify benefits of failure.  
Understand that failure should not be a stumbling block to trying.

### Materials:

Whiteboard/Large Paper  
Daring Greatly Handout  
Journal/Paper  
Writing Utensil

**Brainstorm:** How can failure positively impact your life?

**Ranger Talk:** “Research is showing that our mindset can really make a difference in outcomes. The mind really is a powerful thing. Your attitude about failure also has an impact. Even the word failure seems to bring up negative feelings. Instantly I think of a paper with a big red F. Or a person walking away with their head down feeling defeated.

Failure does not mean defeat! Failure just means that you haven’t made it yet. Think about some famous inventors. How many times did they attempt to make their inventions work before they finally found success? Imagine if they had given up after the first or even the fifth try.

Failure is simply an opportunity to learn. Thomas Edison famously said, “I have not failed. I have just found 10,000 ways that won’t work.” We have a desire to be successful. Don’t let the fear of failure hold you back from your true potential.

We only truly fail when we never even try. Our brain truly learns more from our mistakes than our successes. Think about some of your biggest mistakes. I imagine that it only takes a minute to come up with something that you have learned from those experiences.

Don’t be afraid to fail. Theodore Roosevelt wrote this in a speech.

“It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat.”

Don’t be afraid to dare greatly.”

### Activity:

Give students time to work through the Daring Greatly handout.



As a class answer the following questions.

- What are your thoughts on Daring Greatly speech?
- Does this motivate you to try new things or things you aren't sure you will instantly have success with?
- What does it mean to Dare Greatly?

**Journal:** What in your life can you work towards or try with the motto of daring greatly? How will you do this?

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Understand that failure  
should not be a stumbling  
block to trying.

### Materials:

Whiteboard/Large Paper  
Daring Greatly Handout  
Journal/Paper  
Writing Utensil

Answer the following questions. Use your group to help you if you get stuck.

1. If you knew you wouldn't fail, what are 3 things you would want to do/try?

- 1.

- 2.

- 3.

2. What holds you back from doing or trying those now?

3. What can you do to overcome the things that are holding you back?

4. What is the first step to doing/trying one of your three?

Answer the following questions. Use your group to help you if you get stuck.

1. If you knew you wouldn't fail, what are 3 things you would want to do/try?

- 1.

- 2.

- 3.

2. What holds you back from doing or trying those now?

3. What can you do to overcome the things that are holding you back?

4. What is the first step to doing/trying one of your three?



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- Kimberly T., Guidance Counselor in Florida

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